



# VOL. 1

DAY 1: OVERVIEW



## THEMES

FINANCIAL STABILITY

SYSTEMIC RACISM

OPPORTUNITY GAP



## JOIN THE CONVERSATION

We invite you to take part and we encourage you to share this journey with your colleagues, friends, family members or anyone you think might benefit.

# THE JOURNEY

IN PURSUIT OF FINANCIAL STABILITY

**As part of United Way of Coastal and Western CT's (UWCWC's) Diversity Equity Inclusion (DEI) commitment, we aim to learn together, ask questions, listen for understanding, expand our individual and collective knowledge base and reflect on how to engage with one another and the communities we serve from an inclusive and authentic place.**

On this journey, you will have the chance to engage with dynamic, curated content about a variety of issues related to DEI work. Whether you are an avid reader, binge-watch documentary films, listen to podcasts on your commute, or have little ones you read with each night- there is something here for you. You are encouraged to approach this resource with:

- An open, curious mind,
- A willingness to give yourself grace as you learn,
- The courage to sit with discomfort and open dialogue with others in your circle, and
- The intention to put your learnings into action in your work at UWCWC and beyond

## **WATCH**

### **The Racial Gap in America**

Though the United States is one of the wealthiest countries, to many Americans this prosperity remains out of reach. Blacks and Hispanics, who are striving to make a better life for themselves and their families, are not given the same asset building opportunities.

**Source: YouTube**

**Length: 3 Minutes**

# READ

## Systemic Inequality: How America's Structural Racism Helped Create the Black-White Wealth Gap

Wealth in this country is unequally distributed by race—and particularly between white and black households. African American families have a fraction of the wealth of white families, leaving them more economically insecure and with far fewer opportunities for economic mobility.

Source: American Progress

Length: 6 minutes

# REFLECT

**Suggestion: designate a space (a physical journal or online space) to collect your thoughts each month)**

- Coming into this month, what did you already know about the themes/subject matter?
- What key learnings stand out for you?
- What do you want to explore further? What questions do you still have?
- How can you incorporate one specific learning from this month: into your daily work? In other areas of your life?

## TODAY'S BOOK RECOMMENDATION

"So You Want to Talk About Race"

By Ijeoma Oluo

