



VOL. 1
DAY 2: PARENTS & CHILDREN



THEMES

FINANCIAL STABILITY

SYSTEMIC RACISM

OPPORTUNITY GAP



United Way of Coastal and Western Connecticut

JOIN THE CONVERSATION

We invite you to take part and we encourage you to share this journey with your colleagues, friends, family members or anyone you think might benefit.

THE JOURNEY
IN PURSUIT OF FINANCIAL STABILITY



My passion for finance comes from my mother, who struggled as an immigrant with tough financial situations. But she took it upon herself to start saving money after I was born. She never wanted to find herself in a place where she felt financially incapable.

- **Bola Sokunbi, author of “Clever Girl Finance**



WATCH

[How to Teach Your Child the Value of Money](#)

Wondering how to teach your child the value of money? Author and Financial Educator Clifton Corbin shares practical tips parents can use to teach their kids about smart spending and saving.

Source: YouTube

Length: 12 Minutes

LISTEN

[Teaching Kids Financial Literacy at Home and School](#)

In this episode of the “How to Teach Your Kids About Money” podcast, Alec interviews Jessica Pelletier, the executive director of FitMoney, a nonprofit organization focused on teaching financial literacy to children.

Source: Apple Podcasts

Length: 3 Minutes

READ

Money Smart for Young People: Guide for Parents and Caregivers

The Money Smart Parent/ Caregiver Guides summarize key lesson concepts. These guides also offer practical activities and conversation-starters on financial topics such as saving, setting financial goals, prioritizing spending decisions, and staying safe online.

Source: FDIC

Length: 5 minutes

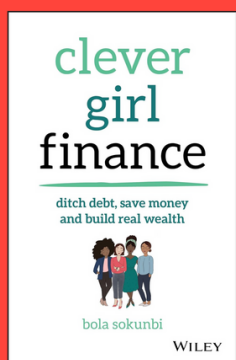
[Vea esta página en español](#)

REFLECT

Suggestion: designate a space (a physical journal or online space) to collect your thoughts each month)

- Coming into this month, what did you already know about the themes/subject matter?
- What key learnings stand out for you?
- What do you want to explore further? What questions do you still have?
- How can you incorporate one specific learning from this month: into your daily work? In other areas of your life?

TODAY'S BOOK RECOMMENDATIONS



"Clever Girl Finance: Ditch Debt, Save Money and Build Real Wealth"
by Bola Sokunbi

Your Kids, Their Money: A Parent's Guide to Raising Financially Literate Children
by Clifton D. Corbin

